



BOSL Rules and Regulations of Play

(Revised February 28, 2026)



1. Seasonal League play will adhere to FIFA laws. Situations “outside of FIFA laws will be addressed as BOSL Rules and Regulations of Play.
2. It is the responsibility of the team manager to address any potential schedule conflicts prior to the league schedule being made. *For example, if your team is planning on a tournament, out of town, on a potential scheduled game day; notification must be given to the Scheduler prior to schedule being made.*
3. If your team is unable to field players for any given game it is the team manager’s responsibility to notify the opposing team a minimum of one week **prior to game day**. Failure to do that would result on a \$75 forfeit fee, which must be paid prior to the next scheduled game.
4. Home/Visitor: Home team must setup on the East/South side of the field; visitor will be setup on the West/North side.
5. Games shall consist of two thirty-five (35) minute halves, with a maximum of ten (10) minute rest between halves.
6. Games shall start on time with a minimum of seven (7) players on the field. A grace period of ten (10) minutes will be given for late arrivals to achieve the seven-player minimum. Whichever team is late will be penalized by given their opponent a 1 goal lead. In addition to that 5 minutes of playing time will be deleted from each half in order to keep games on time.
7. A team failing to achieve the seven (7) player minimum within the grace period will take a forfeit for that game. A “friendly pick-up” game may be held.
8. NO SLIDE TACKLING: Whether accidental or not, slide tackling is not allowed and will result in an indirect free kick for the opposing team and may result in a misconduct (yellow or red card, depending upon the degree of danger to or contact with the opponent) for the player who committed the slide tackle. Sliding in open field space with no other players in the active area of play is allowed. Player sliding trying to save a ball going out of bounds when no player is nearby is allowed.
9. Substitutions: Unlimited substitutions are allowed and players may re-enter the game at any stoppage of play. Substitutes **MUST** enter the field at the halfway line and only enter the field once the substituted player has left the field. The substituted player may exit the field anywhere.
10. All players must wear shin guards per FIFA laws.
11. Uniforms: All players on each team must have the same color and style jersey. Uniforms must have numbers permanently affixed. No duplicate numbers, no taped or written numbers. Uniforms are the responsibility of each Team. Players must wear the same number throughout the season. In case of color conflicts, the home team will change uniforms. **The Goalkeeper** of each team shall wear a shirt that does not resemble the shirt colors of either team. **NOTE:** In special circumstances - delay in getting jerseys, lack of second set of jerseys (color conflict), the league will “rent” out a set of jerseys/bids for a fee of \$10. Team manager is responsible for returning the full set back.

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12. NO JEWELRY OR CASTS ALLOWED. Exception: Wedding bands and medical alert bracelets are permitted provided they are taped-down with no sharp edges exposed. Any items deemed dangerous by the referee must be removed. In addition, hard casts (i.e. made of plaster, metal, plastic, etc.) or soft casts (i.e. made from tape, foam, bandages, etc.) must be fully covered.

COED DIVISION RULES:

13. Coed teams cannot play with more than 5 male players on the field at any time (i.e. five male field players and one male goalkeeper maximum. A female player can play in lieu of, replace or substitute for a male player at any time. Therefore, teams may extend the above table to field 6 or more female players up to the maximum of 10 plus a Goal Keeper.
14. Coed teams in the lower division are allowed to have up to 3 players from the upper division. The mix of those players cannot exceed more than 1 male (not including the goalie). Teams must be aware that there might be conflict on game times during playoffs.
15. Coed Playoffs: Tie breaker PK's must be taken in the following order: male, female, male, female, male. Female can substitute male player.
16. A referee has the power and authority to show a red card to (eject) a player and/or coach/manager. In certain situation an "after the fact" card can be given by the league director. This would apply when a referee failed to follow the rules.
17. Game points will be awarded as follows:
WIN = 3 Points TIE = 1 Point Loss = 0 Points
18. Red cards given to players and/or coaches/managers will result in immediate ejection from current game and an additional one game suspension. This means, leave the fields and do not come back next week. Player MUST sit out the following game and will not be allowed to play until the red card fee is paid. Team is penalized one point for each Red Card their team receives.
19. The Executive Board reserves the right to suspend any individual player from participating in the BOSL, based on actions or a particular incidence committed by that player during a league sanctioned event
20. Player points and penalties, includes practice games:

a. POINTS PER CARD

Yellow Card	=	1 Points
Double Yellow	=	3 Points (Red)
Red Card	=	3 Points

b. PENALTIES (cumulative)

3 Points	=	1 Game suspension (see below for exceptions)
6 Points	=	Suspension for remainder of season
Violent Behavior	=	Red Card, See below

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Penalties and Disciplinary Actions for Violations

All fines must be paid prior to the next scheduled game or monthly meeting, whichever comes first. Team Managers are responsible for collection of fines from their players and/or team members.

1. Yellow cards - Player accumulating (3) yellow cards within one season will result in (1) game suspension. No monetary fine. This also applies to cards issued during playoffs.
2. Double Yellow (red) – player will sit out the next game. \$50 fine
3. Red for non-violent behavior - will have to sit out the next game. \$50 red card fine

RED CARDS:

4. Any player receiving a red card for violent conduct or abusive language will be issued a minimum 2-week suspension. Further sanctions may be imposed at the discretion of the disciplinary committee. As a general rule, any player involved in a fight can expect to receive a 3-5 game suspension. Fine \$75
5. Player that refuses to leave the field and becomes confrontational with the referee/league administration will be given 2 additional games suspension. Fine will be increased to \$100 and must be paid before being reinstated to play.
6. Player receiving two (2) Red cards during the season (non-violent) year will be banned from the league for the remaining of the season. (See #17, 6-point accumulation results in suspension). \$75 fine/card
7. Any team involved in Verbal or Physical Referee altercations or a fight will be placed on disciplinary probation for a year or a length of time deemed appropriate by BOSL.
8. Referee Assault – Banned indefinitely. The league, referee may also choose to report the incident to law enforcement.
9. BOSL reserves the right to issue suspensions/bans to teams, players, or spectators who engage in violent conduct, abusive language, incite others, participate in similar incidents, regardless of whether or not they were issued a red card by the referee.

REGISTRATION VIOLATIONS:

10. A team with willful violation of registration rules (player not registered): First time offender will be given a verbal warning, and the game will be posted as a forfeit. Second violation would result in an automatic red card to the team manager and game will be recorded as a forfeit. He/she must sit out the following game.
11. Teams playing with players under suspension: Forfeit game and \$50 fine
12. Late registrations - Game cards are printed on Sunday morning. Add-ons for late registrations (both cash and online) may only be added by the league coordinator. Breaking this rule will lead to a yellow card being issued to the team manager and a point being deducted from the final score. Furthermore, a second violation will incur a red card along with a \$50 fine.

APPEAL PROCESS

13. All appeals should be directed to the BOSL Board of Directors who may or may not choose to hear the case. A decision may be appealed within 72 hours after being notified. To make an appeal please send the written appeal via email to boslsoccer@gmail.com. Once the written appeal is received, a hearing will be held in person. The decision will remain in force until after a hearing has taken place.
14. At the discretion of the disciplinary committee, some players may be required to apply for reinstatement if they wish to return to playing in the BOSL after serving their suspension/ban. After the conclusion of suspension, email boslsoccer@gmail.com requesting to be reinstated. The committee will review your request and determine reinstatement eligibility.